

Comfort Zone Body Treatments

Relaxing massage 50 min.

kr. 8.900.-

A relaxing whole body massage. Releases tension, provides deep relaxation and comfort.

Relaxing massage 30 min.

kr. 5.900.-

A relaxing massage. The customer chooses which muscle areas or bodyparts they prefer massaged, such as back, legs or shoulders to soften and ease muscle tension. Comfort Zone Tranquility luxurious massage oil applied.

Relaxing massage 15 min.

kr. 3.200.-

Emphasis on releasing tension in the head, neck and shoulders. Comfort Zone Tranquility luxurious massage oil applied.

Exfoliating body scrub 30 min.

kr. 6.200.-

Exfoliating body scrub. Treatment begins with application of exfoliating, yet nourishing, corn cream to the body. After removal of the exfoliation cream, body cream is lightly applied to the skin.

Body strategist Body treatment 45 min.

kr. 9.900.-

Body Strategist body treatment smoothes the skin and affects cellulite. Treatment begins with deep cleansing of the skin, removing dead skin cells and enhancing skin sensitivity. Warm active cream is applied, the body is wrapped to stay warm and allow the active ingredients of the cream to be absorbed by the skin. In the last phase a nourishing cream is lightly applied.

Body strategist mud treatment 60 min.

kr. 10.900.-

The first stage of this treatment begins with deep cleansing of the skin which enhances bloodflow and removal of dead skin cells. Next, special mud is applied to the body and then wrapped. After removal of mud essential oils are massaged into skin and in the last stage a luxurious body cream is applied. This kind of treatment is exceptionally nourishing.

Admittance to Baðhúsið – SPA is NOT included in the prices above.